

Employer Tools

Employee Health  
and Education

Reports on Demand

*When an apple a day isn't enough...*

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## Employer Resource Center

**Welcome, Greg!**

### For your Organization:

#### Helping you build a healthier business.

Along with informing employees on ways to lead a healthy life, the Employer Resource Center can help an organization's well-being. From this site, you can generate reports that give you a clear-cut understanding of your health care costs. You'll also learn about evolving methods for using health promotions and innovative plan designs that will add to the long-term health of your organization.

### For your Employees:

#### Information for a happier, longer life.

Knowledge is a critical tool for everyone's health. With the Employer Resource Center, you'll have access to fun-filled health facts and in-depth articles and reports. Altogether, a wealth of health information – right at your fingertips.

- Looking for information on the [2007 Alliance Annual Seminar](#)? You'll find it under the [Employer Tools tab](#).

### QUICK LINKS

[Health Club Discounts](#)  
[Workers Comp Network](#)  
[Diabetes Toolkit](#)  
[Alliance Newsletter](#)  
[Monthly Wellness Planner](#)

### What's New

- New [Online Provider Directory](#) launches sporting a brand new look and feel with enhanced functionality! [more info >](#)
- View reports and case studies on [Achieving Return on Investment for Wellness](#) made available by the National Business Coalition on Health (NBCH)

### Wellness Planner FEATURE



### May

- Skin Cancer Detection and Prevention Month
- National High Blood Pressure Education Month
- Asthma and Allergy Awareness Month
- Better Sleep Month
- Mental Health Month
- Hepatitis Awareness Month
- Fibromyalgia Awareness Day
- National Employee Health and Fitness Day
- May 15th-19th: Bike to Work Week

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## Employer Networking Groups

Share the health with a growing network of employers.



If knowledge is power, then it's time for you to meet 10 people who can help you with health care's heavy lifting. Join our Employer Networking Group, and share best practices and winning strategies with other employers.

The Employer Networking Group meets twice a year and provides an open forum on health care challenges. You gain valuable insight and get the answers you need right on the spot. And you'll also be part of a network dedicated to helping each other on an ongoing basis.

To join an Employer Networking Group, please contact:

### Member Services

phone: 608.276.6620  
direct: 608.210.6634  
toll free: 800.223.4139

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- Employer Tools**
- ❖ [Alliance Newsletter](#)
  - ❖ [Case Studies](#)
  - ❖ [Education Forum Summaries](#)
  - ❖ [Employer Networking Groups](#)
  - ❖ [Health Provider Network](#)
  - ❖ [Lending Library](#)
  - ❖ [Preferred Pricing](#)
  - ❖ [QualityCounts Toolkit](#)
  - ❖ [Summary Plan Description](#)
  - ❖ [Workers' Comp Network](#)

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## Employee Health and Education

Keep them informed and you'll keep them healthy.



An employee armed with health care knowledge can be your most valuable asset when it comes to reducing health care costs. Our communication toolkits can be the driving force in your employee education efforts. You can use the toolkits to raise issues, build knowledge, create dialogues, and improve the overall health and wellness of your workplace.

The toolkit pages are written specifically for your employees and can easily be reproduced for use at your workplace.

If you'd like to customize any of the toolkits for use with your employees, just let us know. We'd be happy to add your company logo and any additional information that you want to share with your employees.

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### Employee Health and Education

- [Babylove Toolkit](#)
- [Blood Pressure Screening](#)
- [Brown Bag Lunch Sessions](#)
- [Consumer Newsletters](#)
- [Consumer Toolkit](#)
- [Diabetes Toolbox](#)
- [Health and Wellness Brochures](#)
- [Health Club and Fitness Center Discounts](#)
- [Health Risk Assessments](#)
- [Monthly Wellness Planner](#)
- [Open Enrollment and Benefit Fairs](#)
- [Patient Safety Toolkit](#)
- [QualityCounts Report](#)
- [Self-care Guide Books](#)
- [Tobacco Cessation](#)

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## Babylove Toolkit

The first steps toward a successful pregnancy start here.

Having a child is a miraculous event. It's also a great responsibility. Encouraging your employees, and their dependents, to be proactive with prenatal and pregnancy care is essential for a healthy, happy baby—and mom. At no cost, your employees can access our confidential services.

By contacting our BabyLove education service, expectant moms will receive a free and confidential health risk screening. A registered nurse will determine if the baby and/or mom are at high risk and provide helpful referrals and practical tips.

Your employees will also receive numerous resources on pregnancy and parenting. As a special bonus for contacting BabyLove, we'll provide an essential reference book:



*What to Expect When You're Expecting*  
*What to Expect – The First Year, or*  
*What to Expect – The Toddler Years*

To promote BabyLove at your worksite:

[Download a BabyLove flyer](#) (  pdf), or

Request a BabyLove poster by contacting:

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